



Paralympic Session Competition Schedule

V1.2

Non Gold Medal session
 Gold Medal session

		Mon 27-Aug	Tue 28-Aug	Wed 29-Aug	Thu 30-Aug	Fri 31-Aug	Sat 1-Sep	Sun 2-Sep	Mon 3-Sep	Tue 4-Sep	Wed 5-Sep	Thu 6-Sep	Fri 7-Sep	Sat 8-Sep	Sun 9-Sep
Venue	Discipline	-2	-1	0	1	2	3	4	5	6	7	8	9	10	11
Olympic Park															
Aquatics Centre	AQC Swimming				09:30 - 11:50	09:30 - 11:55	09:30 - 12:20	09:30 - 11:40	09:30 - 12:00	09:30 - 11:50	09:30 - 11:45	09:30 - 11:50	09:30 - 12:05	09:30 - 12:15	
					17:30 - 21:05	17:30 - 21:05	17:30 - 21:10	17:30 - 20:55	17:30 - 21:00	17:30 - 21:05	17:30 - 21:10	17:30 - 21:05	17:30 - 21:10	17:30 - 21:10	
Basketball Arena	BBA Wheelchair Basketball				10:45 - 17:00	10:45 - 17:00	10:45 - 17:00	10:45 - 17:00	10:45 - 17:00						
					18:30 - 22:30	18:30 - 22:30	18:30 - 22:30	18:30 - 22:30	18:30 - 22:30						
	BBA Wheelchair Rugby										14:00 - 17:15	14:00 - 17:15	10:00 - 13:15	10:00 - 17:15	12:00 - 16:00
											19:00 - 22:15	19:00 - 22:15	15:00 - 18:15	19:00 - 22:15	
Eton Manor	ETM Wheelchair Tennis						11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	11:00 - 20:00	12:00 - 20:00	12:00 - 20:00	12:00 - 20:00	12:00 - 20:00	
Copper Box	HBA Goalball				09:00 - 12:30	09:00 - 12:30	09:00 - 12:30	09:00 - 12:30	09:00 - 12:30	09:00 - 11:15	09:00 - 11:30				
					13:45 - 17:15	13:45 - 17:15	13:45 - 17:15	13:45 - 17:15	13:45 - 16:00	12:30 - 14:45	12:45 - 16:45	13:30 - 16:00	13:30 - 16:35		
					18:30 - 22:00	18:30 - 22:00	18:30 - 22:00	18:30 - 22:00	18:30 - 20:45	17:15 - 20:45	18:00 - 22:00	18:30 - 21:00	18:30 - 21:35		
Riverbank Arena	HOC Football 5-a-side				09:00 - 12:00			09:00 - 12:00		09:00 - 12:00		09:00 - 12:00		09:00 - 12:00	
					13:30 - 16:30			13:30 - 16:30		13:30 - 16:30		13:30 - 16:30		13:30 - 17:00	
	HOC Football 7-a-side					09:00 - 12:30		09:00 - 12:30		09:00 - 12:30		09:00 - 12:45		08:30 - 12:15	
						14:00 - 17:30		14:00 - 17:30		14:00 - 17:30		14:00 - 17:45		13:30 - 18:00	
Olympic Stadium	STA Opening Ceremony			19:30 - 22:30											
	STA Closing Ceremony														19:30 - 22:30
	STA Athletics				10:00 - 13:35	10:00 - 13:35	10:00 - 13:40	10:00 - 13:15	10:00 - 13:40	10:00 - 13:40	10:00 - 13:40	10:00 - 13:30	10:00 - 12:40	10:00 - 12:55	
					19:00 - 21:50	19:00 - 22:20	19:00 - 22:25	19:00 - 22:50	19:00 - 22:00	19:00 - 23:00	19:00 - 23:00	19:00 - 22:50	19:00 - 22:30	19:00 - 22:45	
Velodrome	VEL Cycling Track				09:30 - 12:30	09:30 - 12:30	09:30 - 12:35	09:30 - 12:15							
					14:00 - 17:50	14:00 - 17:10	14:00 - 16:15	14:00 - 16:00							
Central London															
The Mall	MLL Athletics														08:00 - 14:15
ExCeL															
ExCeL - North Arena 1	EN1 Table Tennis				09:00 - 14:20	09:00 - 14:20	09:00 - 14:00	09:30 - 14:45	09:30 - 14:45		09:00 - 14:00	09:00 - 14:00	10:00 - 15:00	10:00 - 15:00	
					16:00 - 21:20	16:00 - 21:20	16:00 - 20:30	16:30 - 22:45	16:30 - 21:45		16:30 - 21:30	16:30 - 21:30	17:00 - 20:30	16:30 - 22:30	
ExCeL - North Arena 2	EN2 Judo				11:00 - 13:45	11:00 - 13:45	11:00 - 14:45								
					16:00 - 18:50	16:00 - 18:50	16:30 - 20:10								
	EN2 Wheelchair Fencing									09:30 - 16:15	09:30 - 16:15	11:00 - 15:15	11:00 - 16:30	11:00 - 16:30	
										17:45 - 21:15	17:45 - 21:15	16:45 - 19:15	18:00 - 21:15	18:00 - 21:15	
ExCeL - South Arena 1	ES1 Boccia							09:00 - 14:00	09:00 - 12:20	09:00 - 12:30	09:00 - 13:50	09:00 - 13:50	09:00 - 13:30	09:00 - 11:55	
								15:30 - 18:50	13:50 - 17:20	14:00 - 19:55	15:20 - 19:55	15:20 - 18:50	15:00 - 19:15	13:25 - 19:35	
ExCeL - South Arena 2	ES2 Volleyball (sitting)				09:00 - 12:30	09:00 - 12:30	09:00 - 12:30	09:00 - 12:30	09:00 - 12:30	09:00 - 12:30	09:00 - 12:30	09:00 - 12:30			
					14:00 - 17:30	14:00 - 17:30	14:00 - 17:30	14:00 - 17:30	14:00 - 17:30	14:00 - 17:30	14:00 - 17:30	14:00 - 17:30	14:00 - 17:30	14:00 - 20:00	
					19:00 - 22:30	19:00 - 22:30	19:00 - 22:30	19:00 - 22:30	19:00 - 22:30	19:00 - 22:30	19:00 - 22:30	19:00 - 22:30	19:00 - 23:00		
ExCeL - South Arena 3	ES3 Powerlifting				12:00 - 13:10	12:00 - 13:10	12:00 - 13:10	12:00 - 13:10	12:00 - 13:10	12:00 - 13:30	12:00 - 13:30				
					15:00 - 16:30	15:00 - 16:30	15:00 - 16:10	15:00 - 16:30	15:00 - 16:10	15:00 - 16:10	15:00 - 16:10				
					18:00 - 19:10	18:00 - 19:30	18:00 - 19:30	18:00 - 19:10	18:00 - 19:30	18:00 - 19:30	18:00 - 19:30				
Greenwich Park															
Greenwich Park	GRP Equestrian				09:00 - 12:15	09:00 - 11:30	09:00 - 12:45	09:00 - 12:00	09:00 - 12:30	09:00 - 12:00					
					14:00 - 17:00	13:15 - 18:15	14:30 - 18:00	13:45 - 19:30	14:15 - 17:30	13:45 - 19:15					
Greenwich Peninsula															
North Greenwich Arena	NGA Wheelchair Basketball				10:45 - 17:00	10:45 - 17:00	10:45 - 17:00	10:45 - 17:00	10:45 - 17:00	10:45 - 17:00	08:30 - 17:00	08:30 - 17:00	08:30 - 17:00	13:00 - 17:00	
					19:00 - 23:00	19:00 - 23:00	19:00 - 23:00	19:00 - 23:00	19:00 - 23:00	19:00 - 23:00	19:00 - 23:00	19:00 - 23:00	19:00 - 23:30	19:00 - 23:30	
UK Venues															
Brands Hatch	BRH Cycling Road										10:30 - 14:00	10:30 - 13:20	10:30 - 12:50	10:30 - 13:20	
											14:30 - 18:50	14:30 - 16:50	14:00 - 19:10	14:30 - 19:00	
Eton Dorney	ETD Rowing					09:30 - 12:00	09:30 - 12:00	09:30 - 12:25	RESERVE DAY						
Royal Artillery Barracks	RAB Archery				10:00 - 12:30	10:00 - 13:30	10:00 - 13:30	10:00 - 12:00	10:00 - 12:25	10:00 - 12:25	10:00 - 12:00				
					14:00 - 16:30	15:00 - 18:30	15:00 - 18:00	15:00 - 17:00	15:00 - 17:25	15:00 - 16:45	14:00 - 18:25				
	RAB Shooting				09:00 - 16:25	09:00 - 16:25	09:00 - 17:15	09:00 - 13:20	09:00 - 17:55	09:00 - 12:45	09:00 - 15:10	09:00 - 17:55			
Weymouth and Portland	WAP Sailing						11:00 - 18:00	11:00 - 18:00	11:00 - 18:00	11:00 - 18:00	11:00 - 18:00	11:00 - 18:00			